

In for the Long Run By Anthony Goel

Many years ago, there lived a king who loved eating the most sumptuous of foods. As the years passed, he became lazy and there came a time when he refused to even get up from his bed. Naturally, he felt sick and no physician could cure him. At length, a wandering ascetic came to heal him. He asked leave to spend an entire day in the king's company so as to observe his daily routine. After having observed the king, the ascetic said that he could cure the king; for that, the king would need to walk from his palace to the ascetic's hut. The king agreed and reached the hut the following day, tired and red-faced with exhaustion. The ascetic told him that he could be cured and gave him a sphere made of iron that weighed five kilograms. The ascetic asked the king to roll the ball all around the palace thrice a day and to return to see him after a fortnight. The king did as the ascetic had said and initially, he found it hard to carry out the activity. But as the days went by, he found that he felt better and when he returned to the ascetic a fortnight later, he had regained his health and fitness.

Clearly, wealth, power and dominion come second best if one suffers from ill health. Consider the marathon event that sees athletes competing to emerge winners over the long-distance run of over 42 kilometers. When the Persians landed at Marathon, Greece in 490 BC, an Athenian named Pheidippides ran to Sparta for help. He covered the distance of 240 kilometers in two days, fought in the Battle of Marathon and then ran an additional 40 kilometers from the battlefield to Athens to announce the news of the Greek victory. Almost as soon as he announced the news, he collapsed and died. The Marathon event in the Olympics remains a tribute to his remarkable stamina and fitness. Unlike Pheidippides, the men of today have a lot of products that enable them to attain peak levels of [men's health](#).

The modern era brings with it not only advanced techniques and products aimed at improving health, but also, a greater degree of stress. Some of the products advocated might not even yield the results promised. But at Enhancement Headquarters, the [men's sexual products](#) offered such as oils, creams, gels, herbs and supplements have been proven to be effective. Further, backed by time-proven, reputable manufacturers and distributors these products can be purchased over-the-counter and do not require a prescription. Enhancement Headquarters brings you good news about products that make you look and feel better, just like the tidings that Pheidippides announced to the Athenians all those years ago.

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